





## **Youth Preparedness Initiative**

### **MATERIALS NEEDED:**

- Computer
- Projector
- White board
- Photos from "Natural Disaster Preparedness Situations" shown on page 5.

Have the following items available for each student:

- Personal Emergency Kit Checklist (pg. 6)
- Home Emergency Kit Checklist (pg. 6)
- Multi-colored permanent markers
- · Scratch paper
- Pencils
- 10' gallon resealable bags
- Bottled water
- Bar soap or small travel soap
- Pens and paper or notebooks
- Sealed snack food

# NATURAL DISASTER PREPAREDNESS SITUATIONS PHOTOS:

Photos can be found on page 5.

Denotes instructor statements to class.

### **PROJECT AREA:**

Disaster Preparedness

### LESSON # IN BOOK:

Four out of six

### **TARGET AGE/GRADES:**

Fourth through eighth grade

### TIME LENGTH REQUIRED:

60 minutes

### **LESSON OBJECTIVES:**

- Youth will be able to identify what being prepared for a natural disaster is and is not.
- Youth will be able to evaluate a preparedness checklist before a natural disaster.
- · Youth will be able to create a natural disaster preparedness kit.

### **VOCABULARY WORDS:**

- Prepared: Ready to do or deal with something.
- **Emergency:** A serious, unexpected and often dangerous situation requiring immediate action.
- Evacuate: To leave a dangerous place.

### **INTRODUCTION TO LESSON:**

Have projector on with "Natural Disaster Preparedness Situations" photographs showing on the board. (Photos can be found on page 5.)

66On the board I have four pictures. On a scratch sheet of paper write down if the family is prepared or not for each situation.

Give students three minutes to do this.

Now that you have examined each picture, who can tell me if Situation 1 is being prepared or not? Why?

Do this for each situation and let the students explain to you why.

As you can see, there are several things we can do to be prepared and not be stuck in flood waters or worse situations. Today we will talk about how we can be prepared and work on a preparedness kit in case a natural disaster comes our way.







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### **SITUATION PICTURES:**

See page 5.

NOTES		

# 66 Denotes instructor statements to class.

### SITUATION PICTURES ANSWER KEY:

- Situation 1: Prepared Buying water and groceries ahead of time to store is wise.
- **Situation 2: Not prepared** Driving through flood waters is not good when they should have evacuated before.
- **Situation 3: Not prepared** No sandbags or barrier is set up to help prevent flooding in home.
- **Situation 4: Prepared** The family's groceries and disaster preparedness kit are ready before the storm hits.

### **EDUCATIONAL BACKGROUND:**

After learning about different natural disasters, we know that they happen naturally and that there is nothing we can do to prevent them. However, we can help prevent the impact of them by being prepared. Being prepared for a natural disaster can involve several things depending on the disaster. Since we don't always know how severe the disaster will be, it is better to be safe than sorry and to over prepare and gather supplies needed beforehand.

Some things we can do to prepare around our home include putting sandbags by doorways and openings to block water from entering during floods and heavy rain fall, boarding up windows and doors with wood to protect from strong winds, picking up any loose materials that could fly away during strong winds, moving animals and livestock to higher and safer ground for floods and hurricanes, and having vehicles ready to move to higher ground with full tanks of gas in case you need to evacuate.

You can also prepare by gathering the right supplies in case you are stuck inside for a couple of days without resources. Making a disaster preparedness kit could be very handy for any disaster. Simply print out the checklist attached below to have a copy for your home. When a storm is coming, or you know storm season is near, be sure to check the list and get prepared. Some things to include could be matches, candles, flashlights, water, nonperishable food, blankets, firewood and a first-aid kit.

Another way you can prepare is by letting your distant and immediate family know where you will be during the storm. Having some form of communication is important in case something happens. Looking at potential hazards and the severity of the storm ahead of time, if applicable, could help as well. Knowing if you need to evacuate your home is important and will help you and your family be prepared for the storm before it comes. Most of the time governors and government officials will let the public know if an evacuation mandate is in order. This should be followed if it pertains to you.

Overall, being prepared is up to you and your family. Knowing the hazards and risks of the storms is important for you to take the right precautions. Following a few of these steps listed here could be a factor in what saves your family or home from danger. Next time a storm is coming, be sure to prepare for the impact as much as you can and warn others to do the same.







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66 Denotes instructor statements to class.
PERSONAL AND HOME CHECKLISTS See page 6.
NOTES
EMEDICENCY INFO
EMERGENCY INFO

# **ACTIVITIES:**

### **ACTIVITY 1**

**Disaster Preparedness Kit** 

Print out a personal checklist and home checklist for each student. (See cards on page 6.)

We are going to make an emergency disaster preparedness kit in case of emergencies. This will ensure that if anything happens, you will have this kit full of supplies that may be needed.

Today I have a few supplies for us to make kits. Although I don't have all the supplies listed on the checklist, you should continue to work on the kit at home and look for more supplies. In addition, make another kit with your family at home using the home checklist that will be provided.

To begin, you will all be given a large resealable bag to decorate with permanent markers. Be creative and make it fun. You can even write "emergency" or "supplies" on it so you know what it is for.

When the students have finished decorating their kits, move onto the next step.

66 I will let a few students go to the table to gather some supplies. You will bring it back to your seat and check the supplies off of your list as you put them into their kits.

Now that everyone is done, what are some additional items you will want to put in there when you get home? Why was this important to make?

### **ACTIVITY 2**

### **Family Emergency Information Card**

This next activity we will start today, but you may have to ask your family for some of the information to complete the card at home.

Another way we can be prepared is by filling out an information card with all of your family information. In case of emergencies, a paramedic or police official may need to know more about you or your family to ensure you are safe and given the care you need. Today we will fill out the Emergency Contact Information Card for you to keep at home in a safe place when needed. ??

Distribute printed cards and help students with questions if applicable. (See cards on page 7.)

**CARDS** 

See page 7.







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NOTES	REFERENCES:
	Ready-FEMA. (n.d.). Retrieved From <a href="https://www.ready.gov/sites/default/files/2021-02/">https://www.ready.gov/sites/default/files/2021-02/</a> <a href="mailto:ready_checklist.pdf">ready_checklist.pdf</a> (accessed October 2023).
	Student Tools for Emergency Planning-FEMA. (2010 September). Retrieved From <a href="https://www.fema.gov/pdf/about/regions/regionii/step_guide.pdf">https://www.fema.gov/pdf/about/regions/regionii/step_guide.pdf</a> (accessed October 2023).
	The Pillowcase Project – American Red Cross. (2017). Retrieved From <a href="https://www.redcross.org/content/dam/redcross/get-help/youth/MyPreparednessWorkbook.pdf">https://www.redcross.org/content/dam/redcross/get-help/youth/MyPreparednessWorkbook.pdf</a> (accessed October 2023).
	<b>REFLECTION AND EVALUATION:</b> After everyone is done making their emergency kit, have each student write down a list of additional items they would want to add and why. Go through some of the items with the students and explain the importance, or lack thereof, of some of the items. It should be a need — not a want — that goes in the kit in case of emergencies.







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# **NATURAL DISASTER SITUATION PICTURES**











# **Youth Preparedness Initiative**

Home Emergency Kit Checklis	t
Directions: Check off the items as you collect them for your pill	
ITEM	PACKED?
Three-day supply of water	
Three-day supply of canned food	
Can opener	
First-aid kit	
Portable radio	
Flashlight	
Extra batteries	
Matches	
Map of your area	
Blankets	
Extra clothes	
Hygiene supplies (toothbrush, tooth- paste, soap)	
Medical supplies (medicine, glasses, bandages)	
Pet supplies	
Phone charger	





Name				
Personal Emergency Kit Checklist  Check off the items as you collect them for your pillowcase.				
ITEM	PACKED?			
Bottle of water				
Soap				
Flashlight				
Тоу				
Change of clothes				
Toothbrush, toothpaste				
Portable radio				
Paper and pen				
Blanket				
First-aid kit				
Extra batteries				
Food				

# **EMERGENCY CONTACT INFORMATION CARD**

FAMILY CONTACT INFO:

MY CONTACT INFO:

Phone

**Guardian Name** 

**Guardian Phone** 

Birthday

OTHER IMPORTANT INFO: **Guardian Address** 

IMPORTANT PHONE NUMBERS:

Address

Police: Call 911

Fire Department: Call 911

Doctor

# OTHER IMPORTANT INFO: FAMILY CONTACT INFO: **Guardian Address Guardian Phone** Guardian Name IMPORTANT PHONE NUMBERS: Fire Department: Call 911 MY CONTACT INFO: Police: Call 911 Address Birthday Doctor Phone

# **EMERGENCY CONTACT INFORMATION CARD**

FAMILY CONTACT INFO: MY CONTACT INFO:

**Guardian Name** 

**Guardian Phone** 

Birthday

Phone

**Guardian Address** 

OTHER IMPORTANT INFO:

IMPORTANT PHONE NUMBERS:

Address

Fire Department: Call 911

Police: Call 911

# **EMERGENCY CONTACT INFORMATION CARD**

MY CONTACT INFO:

FAMILY CONTACT INFO:

Phone

Birthday

Address

IMPORTANT PHONE NUMBERS:

OTHER IMPORTANT INFO:

**Guardian Address** 

**Guardian Phone** 

Guardian Name

Fire Department: Call 911 Police: Call 911

Doctor

**EMERGENCY CONTACT INFORMATION CARD** 

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# Youth Preparedness Initiative

NOTES			

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